



PROFILE

DR. RAJESH SHARMA

Dr. Rajesh Sharma is an ayurvedic physician, visionary and an enthusiast who strives hard to turn his vision and dreams into reality. With his in-depth knowledge in Ayush and remarkable accuracy in his diagnosis, he has successfully treated a number of distraught patients who had given up on recovery from their illness. Using his deep knowledge of India's ancient medical system with the aid of latest in medical technology, he brings affordable healthcare solutions within the reach of the people. As a dynamic leader, he is the founder and owner of Sanjivani Therapy Centre in Khelgaon.

Dr. Rajesh is an ayurvedic graduate from Delhi University and holds a Bachelor's degree in Ayurveda medicine. He is pursuing Ph.D. from the University of Pune. He has done specialization in Ayurveda Panchkarma from PS Warriar's Institute Arya Vaidyasala Kerala and has worked with renowned ayurvedic scholars like Vaidya Nanank Chand Sharma Sukhdev Lal Mangia as a Guru-Shisya parampara.

After his studies, Dr. Rajesh joined TABE Treatment Clinics, an Australian company involved in healthcare business. He worked with Tabe for two years from 1994-1996. The company opened has branches all over Saudi Arabia and India. Dr. Rajesh Sharma was appointed Chief Physician and General Manager of its operation in Punjab where he successfully ran the company and managed its business in India.

In 1996 Dr. Rajesh returned to Delhi and headed straight-away for Kerala where he trained in Panchkarma & Ayurveda treatments. He travelled all over Kerala, staying with folk healers and bare-footed Vaidyas to learn the art of panchkarma.

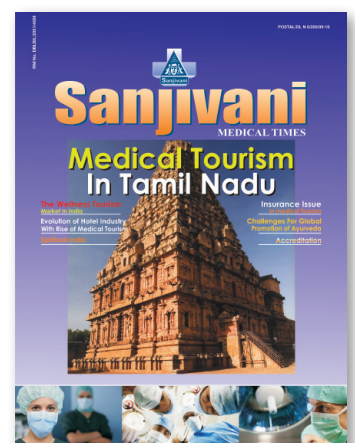
He returned to Delhi in 1998 and started his own practice at a prime location in the North West Delhi. He founded Charak Ayurveda Centre in Prasant Vihar on Outer Ring Road. The Centre was the first of its kind in North Delhi. People thronged the Centre from all over north west Delhi as it became the first Panchkarma centre there. The Centre was fully equipped with Ayurveda massage, shirodhara, foot reflexology, steam sauna, chilled showers etc. Many VIPs like Dr. Sahib Singh Verma, MP (Outer Delhi) were frequent visitors to the Centre.

In 2005 Dr. Sharma established Sanjivani Therapy Clinics amid the lush green surroundings of Siri Fort Sports Complex at Khelgaon. Sanjivani offers an wide range of ayurvedic treatments like Spa therapies, Ayurveda, Panchakarma, Beauty & Skin care, Weight Loss, Health Nutrition, Consultation to the visitors of the Sports complex.

In the year 2000 Dr. Rajesh took the plunge into medical healthcare publications. He started Sajivani Medical Times, a monthly tabloid newspaper for Ayurveda, Wellness, and healthcare industry. This has been a milestone in his career. The paper became an instant hit among health care enthusiasts and fitness pros. Dr. Sharma's articles,

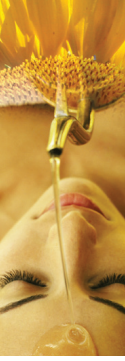


Dr. Rajesh along with his team of professionals in front of his Therapy Centre in Siri Fort Sports Complex, Institutional Area, Khelgaon, New Delhi





The facade of Sanjivani Therapy Centre at its Siri Fort Sports Complex, Institutional Area



columns were appreciated wholeheartedly by the industry. The paper brought to light many issues and problems faced by wellness and healthcare industry.

Reaching more readers, SMT featured information and news pertaining to the healthcare industry. Following the popularity of Sanjivani Medical Times, it became the industry's much sought after publication for conferences and seminars. The paper achieved a major breakthrough when it was made official publication for World Ayurveda Conferences in 2002. At that time, Mr. Shatrugan Sinha was the health minister and he openly expressed his support to Ayurveda in his exclusive interviews given to SMT.

Following the huge success of Sanjivani Medical Times, Dr. Sharma is all set to launch Medical Tourism Asia (MTA), a new magazine that would cater to the growing needs of medical tourism as India is emerging as a major medical tourism destination in Asia. Dr. Sharma is also into publishing industry related to medical tourism and Ayurveda.

In the year 2003, Dr. Rajesh was felicitated by former prime minister Late Shri P.V. Narsimha Rao at Shilp Kala Vedica, Hitec City, Hyderabad for his contribution to Ayurveda.

In the same year, Dr. Rajesh Sharma was invited by the European Forum for Ayurveda at MES University Holland to present a paper on Panchakarma for Degenerative disorders. Mrs. Shamala, Indian High Commissioner to Netherland, was also present at the conference where he launched a Special Edition of Sanjivani Medical Times. Later Dr. Sharma was appointed the chief coordinator of the Forum.

In the same year the Federation Indian Chambers of Commerce & Industry (FICCI) constituted a task force for Indian Herbal Industry and Dr. Sharma was chosen as one of its prestigious members.

In the year 2004, India Trade Foundation organised Health Veda, an exhibition Seminar on Wellness and healthcare with the support of Sanjivani. Dr. Rajesh was invited for a television show on Star Care TV channel. Subsequently, he was consulted for setting up Spas in Astoria and Ambassador hotels in Dubai.

In the same year Dr. Sharma participated as a co-ordinator and Exhibitor in the Middle East Natural Organic products expo, where Dr. Abdul Jiwad from the Sheikh Rashid family felicitated him and appreciated his work in the Wellness industry.

As a part of his mission to serve the society, Dr. Sharma organised a number of medical camps, Shivirs for senior citizens and deprived sections of the society. Ek Shivir was organised in collaboration with Punjab Kesari in which Mrs. Chopra wife of Aswani Chopra was present and she applauded Dr. Sharma's social work and felicitated him.

Dr. Rajesh Sharma being felicitated by the then Health Minister, Shatrugan Sinha



Dr. Rajesh Sharma being felicitated by late Prime Minister, PV Narsimha Rao at Shilpkala Vedica, Hyderabad



Dr. Rajesh Sharma with Abdul Jiwad at Dubai World Trade Centre, Dubai, UAE



Dr. Rajesh Sharma being felicitated by Mrs. Chopra, wife of Ashwani Chopra, Punjab Kesari





Dr. Sharma seen with the tribals of Chattisgarh or Jharkhand.
Dr. Rajesh Sharma doing a demo in the Panchakarma therapies at a village in Chattisgarh, MP.

Seminars and Conferences

Social Responsibility,
Publications and
Felicitations

In the year 2005, Dr. Rajesh Sharma started his Dr. Sharma for wellness as a non-profit organization with APPA (Association for Promotion of Pure Ayurveda) which is associated with Trifed (Ministry of Tribal Affairs).



In the year 2007 was dedicated to Medical Tourism and Wellness. Dr. Sharma came in contact with IATO (Indian Association of Tour Operators) and organised Foot and Spa services at IATO convention in Ashoka Hotel, Delhi.

The Tourism Ministry started inviting Dr. Sharma for consulting on accreditation, Classification, Rules & Regulations for the Spa & Resorts. Dr. Sharma was invited for his opinion on medical and wellness tourism at a meeting in Transport Bhawan in Delhi.

In April 2009, Dr. Rajesh went to Australia (Sydney) at the invitation of Ayurveda Yoga Australia as a special guest for International Conference on Ayurveda & Yoga sponsored by the Department of Tourism and Department of AYUSH. This mega event was attended by Indian High Commission in Australia and the Minister of Health in Australia.

Till date Dr. Rajesh and his wife Dr. Anjali along with their team continue to hard on spreading the message of well-being and holistic living to the society.



Dr. Rajesh Sharma being felicitated by Chief Minister Sheila Dixit